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Davanloo's Technique of Total Removal of Resistance and Optimum Mobilization of the Transference Component of the Resistance.

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Abstract

Davanloo's Intensive Short-Term Dynamic Psychotherapy (IS-TDP) is a unique brief dynamic psychotherapy characterized by relentless therapist intervention. While Davanloo has published extensively on his findings, there has been a paucity of publications on his most recent work involving the Montreal Closed Circuit Training Program. The purpose of this article is to highlight Davanloo's current understanding of his technique as well as his newest research findings. This will be done contextually, by highlighting case vignettes from the Montreal Closed Circuit Training Program. A special focus will be placed on the handling of resistance and Davanloo's concept of the "Transference Component of the Resistance" or TCR. This work was presented at Davanloo's 35th Annual Metapsychology Meeting in Montreal in October, 2014.

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