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Research Article

## Management of tactical defenses in intensive short-term dynamic psychotherapy, Part I: Overview, tactical defenses of cover words and indirect speech

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### Abstract

In this two-part article the author presents the management of tactical defenses in his technique of intensive short-term dynamic psychotherapy (IS-TDP) as well as in his method of psychoanalysis. He describes the spectrum of tactical defenses. Part I primarily focuses on the management of the tactical defenses of cover words and indirect speech.

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